

## **Bower Hill Lunch Menu**

January 2020

Lucky Tray Day Prize JANUARY



No School

Waffles & Sausage Ham/Egg/Cheese Bagel Chicken Caesar Salad

Cauliflower Apple Slices

Ham Hoagie

Pasta w/ Meatballs Chicken Tenders w/ Roll Chicken Caesar Salad

Sliced Carrots **Diced Peaches** 

Ham Hoagie

General Tso's Popcorn Chicken/Rice

Mini Corn Dogs All American Chef Salad Chicken Ranch Wrap

Tater Tots Fruit Cocktail

Cheese Pizza Cheeseburger All American Chef Salad Chicken Ranch Wrap Chocolate Pudding Dessert

**Baked Beans** Diced Pears

Chicken Soft Tacos Italian Cheese Dunkers All American Chef Salad Chicken Ranch Wrap

Seasoned Corn Pineapple Tidbits

Pancakes & Sausage Grilled Cheese All American Chef Salad Chicken Ranch Wrap

Steamed Broccoli Applesauce

Sausage/Egg/Cheese Bagel Melt

Chicken Nuggets/Breadstick All American Chef Salad Chicken Ranch Wrap

Green Beans Diced Peaches

13

Pizza Sticks & Sauce

Boneless BBQ Wings Grilled Chicken Salad Italian Hoagie

French Fries Mandarin Oranges 14

Pizza Hut Pizza

Chicken Quesadilla w/ Rice Grilled Chicken Salad Italian Hoagie

**BBQ Pinto Beans** Diced Pears

15

**Nachos Grande** 

Hot Dog Grilled Chicken Salad Italian Hoagie

Corn Grapes 16

Waffles & Sausage Ham/Egg/Cheese Bagel Grilled Chicken Salad Italian Hoagie

Green Beans Apple Slices

17

No School

20

No School

21

**Personal Pizza** 

Bacon Cheeseburger Popcorn Chicken Salad Breakfast Muffin Pack

**Baked Beans** Diced Pears

22

**Doritos Walking Taco** 

Italian Cheese Dunkers Popcorn Chicken Salad Breakfast Muffin Pack

Corn Pineapple Tidbits 23

French Toast Sticks & Sausage

Grilled Cheese Popcorn Chicken Salad Breakfast Muffin Pack

Sliced Carrots Applesauce

24

Pasta w/ Meatballs

Chicken Nuggets/Breadstick Popcorn Chicken Salad Breakfast Muffin Pack

Peas & Carrots **Diced Peaches** 

27

Meatball Hoagie

Mini Corn Dogs Ham Chef Salad Turkey Hoagie

French Fries Fruit Cocktail 28

Cheese Pizza

Cheeseburger Ham Chef Salad Turkey Hoagie

**Baked Beans** Diced Pears

29

**Nachos Grande** 

Hot Dog Ham Chef Salad Turkey Hoagie

Seasoned Corn Pineapple Tidbits

Pancakes & Sausage

**Grilled Cheese** Ham Chef Salad Turkey Hoagie

Hash Brown **Applesauce** 

31

Chicken Parm w/ Pasta

Chicken Nuggets/Breadstick Ham Chef Salad Turkey Hoagie

Sliced Carrots Diced Peaches

**Daily Features:** 

Grab N Go Flatbread Pizza Kit Yogurt Parfait WG Pretzel/Cheese Stick/Trix Yogurt Chicken Patty Sandwich SunButter & Jelly Sandwich Apples, Oranges & Bananas



Be on the lookout!

Ace travels to South Africa this month!

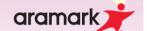


Veggies May Include:

Baby Carrots, Broccoli Florets, Red Pepper Strips, Cucumber Slices, Grape Tomatoes & Celery Sticks

Available Daily:

Fat-Free and 1% white milk as well as Fat-Free flavored milk choices



This institution is an equal opportunity provider.

We are looking for Cafeteria Substitute Workers! Please contact Food Service @ 724-941-6251 x 7226